

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08.00 - 08.45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08.45 - 09.00	Assembly	Assembly	Assembly	Assembly	Assembly	Assembly	Excursion
09.00-10.30	Classes	Classes	Classes	Classes	Classes	Classes	
	Classes	Classes	Classes	Classes	Classes	Classes	
10.30-11.00	Break	Break	Break	Break	Break	Break	
11.00-12.30	Classes	Classes	Classes	Classes	Classes	Classes	
	Classes	Classes	Classes	Classes	Classes	Classes	
12.30 -13.30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
13.30 – 15.00	Bushcraft	Classes	Movie Making	Excursion	Classes	Sports or Activities	
		Classes			Classes		
15.00 - 15.15	Break	Break	Break		Break		
15.15 -17.15	Sports Coaching	Activities Afternoon	Sports Coaching		Sports Coaching		
17.15 - 18.00	Journal	Journal	Journal		Journal		
18.00 -18.30	Supper	Supper	Supper		Supper		Supper
18.30 -20.30	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities

### NOTES:

- **Assembly:** All students gather together every morning to hear announcements about the day ahead. Assemblies also provide an opportunity for students to receive awards for good work or behaviour, and to practise their public speaking presenting information and topics learned during their class time.
- **Bushcraft:** Our school woodlands present the perfect opportunity for students to enjoy the natural environment. During these sessions qualified Bushcraft trainers teach wilderness survival skills such as how to light fires, shelter-building, navigation and how to use certain tools.
- **Sports Coaching:** Week long training by a professional sports coaches in an English school sport. Please see the Sports page for more information.
- **Movie Making:** A drama project where each class writes a short screen play together over the three weeks. Every student plays a character in this production which is filmed, edited, and shown to the whole school on a big screen at the end of the course. The movie is also provided on a USB drive for students to take home with them.
- **Journal:** During this time students reflect on their lessons and activities of the day and complete a journal which they can take home with them at the end of the course. We find this is a good way to embed the things they have learned in their lessons and experiences during the course.
- **Activities & Excursions:** There is an extensive and varied programme of activities. Please see the Activities & Excursions page for further details.